



# Grains 2 Go

## Apple Cinnamon Bars



Manufacturer	Case UPC	Product Group	Servings Per Case
McKee Foods Corporation	0 24300 09742 3	Snack Bars	144
Shelf Life	Serving Size	Case Weight	Packaging
120 Days Approved for Freezing	2.3 oz. (65g) Individually Wrapped	20 lb 11.2 oz (9.39 kg)	12 Wraps Per Carton 12 Cartons Per Case

### Nutrition Facts

144 servings per container

**Serving size 1 bar (65g)**

**Amount per serving**

**Calories 260**

**% Daily Value\***

<b>Total Fat</b> 8g	<b>10%</b>
Saturated Fat 2.5g	<b>13%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 140mg	<b>6%</b>
<b>Total Carbohydrate</b> 45g	<b>16%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 18g	
Includes 16g Added Sugars	<b>32%</b>
<b>Protein</b> 3g	
Vit. D 0mcg 0%	Calcium 10mg 0%
Iron 2mg 10%	Potas. 100mg 2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Description

The Grains 2 Go Apple Cinnamon Bar is a soft and chewy whole grain bar with just the right amount of goodness to keep you going all day. One bar provides 32g grains, including 16g (1oz equivalent) of whole grain. Individually wrapped for convenience. Ideal for school for snacks, a la carte or Breakfast in the Classroom, healthcare locations, day cares and camps.

### Kosher

OU Kosher Dairy

### Ingredients

WHOLE GRAIN BLEND (OATS, WHOLE WHEAT FLOUR), ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), SUGAR, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, PALM OIL, RAISIN PASTE, SOYBEAN OIL, SOY LECITHIN, MOLASSES, CINNAMON, SALT, NATURAL FLAVOR, BAKING SODA.

### Allergy Information

CONTAINS WHEAT, SOY. MAY CONTAIN EGGS, MILK.

Always refer to the product package for the most accurate nutrition information and up-to-date list of ingredients. Paper copies of ingredients or nutrition information may quickly become obsolete as recipe and packaging changes are made. If concerned with food allergies, do not rely on this document for purchase decisions – refer to the product package.